

MG: Hiking, Birding and Lunch

A three-part event. Join us for one, two or all three activities on Saturday, June 15th. Here's the schedule.

10:00 a.m.: Meet at **Orapax Restaurant**, 1300 Redgate Avenue, Norfolk.
<https://www.orapaxrestaurant.com/>

10-10:30: Walk about 1 mile on a portion of the [Elizabeth River Trail](#) to the Weyanoke Bird and Wildflower Sanctuary.

10:30-11:30: **Weyanoke Bird and Wildflower Sanctuary**, 1509 Armistead Bridge Road, Norfolk. There is plenty of parking if you wish to join us here. Explore nature trails in this small wilderness in the city, a popular stopover for migrating birds in the spring. See also <http://www.chasnorfolk.org/weyanokesanctuary.html>

11:30-12:00: Walk back to Orapax Restaurant using a different route through the West Ghent neighborhood.

12:00: Orapax opens at noon. **Time for lunch.** Join us even if you did not do the hiking.

Point of contact for this event is **Joe Turlo 757-618-9046**. Call with any questions or to catch up with the group.

SteveToth
Activities Director

WHAT'S A MEET & EAT?

Camaraderie runs strong at Tidewater Mensa. Our members like to, well, just get together and enjoy fellowship and friendship while having a good meal. We're not fancy eaters, just good food and lots of it satisfies us. And that's where the Meet & Eat comes from. Monthly, we gather at favorite spots and have a grand time eating and tasting various libations. Stories get told, jokes exchanged and tales shared. Sometimes it gets a bit outrageous, but mostly tame and civilized. This month we will be at Genghis Khan Mongolian Bar B Q at Military Circle, where heaps of meats and veggies are cooked on top of a searing griddle right before your eyes. A fast favorite, we always have a great turnout and the prices are reasonable, under \$20 for everything. No reservations are required; just show up at 7:00 p.m. on Monday, June 24th and join us. This is a great way for new members to see what the group is all about. Friends and spouses are welcome.

Steve Toth
Master Muncher